



Meals On Wheels • Grace Place • Companionship Services



ANNUAL REPORT 2014

Hope. Nourishment. Friendship. Safety. Dignity. Love.

● OUR MISSION

To promote the dignity and independence of seniors who are in need of nutritious meals, companionship, and Alzheimer's care.

● OUR SERVICES



Meal On Wheels prepares and delivers fresh, hot and nutritious meals each weekday to homebound seniors throughout Bexar County. For many recipients, our meals are the only source of nutrition received each day. Our meal deliveries provide personal contact, combat loneliness and provide critical intervention in life threatening situations.



Grace Place is San Antonio's only licensed non-profit adult day activity center exclusively for seniors suffering from Alzheimer's. Each center provides a secure and nurturing environment where our clients engage in activities that focus on their abilities rather than disabilities. We now have three locations serving Northwest, Northeast, and Central San Antonio.

Companionship Services

Senior Companion Program is a peer-to-peer program where caring senior volunteers befriend homebound seniors in their community. The program is designed to foster independence among seniors by engaging them in community service, providing them companionship opportunities, and offering respite to both professional and family caregivers. Those that are 21 and over may volunteer through the **Elder Friends** program.

42% of Meals On Wheels recipients live alone; **55.4%** live below poverty level.

43% of Companion Services clients are over 80 years old.

81% of Grace Place participants (Alzheimer's sufferers) engaged in center activities that helped to stabilize their daily routine and encourage night time sleeping.

● WHAT WE ACCOMPLISHED

DURING 12 MONTHS ENDING JUNE 30, 2014

● MEALS ON WHEELS

924,146 meals were delivered to 5,395 seniors in Bexar County.

96% of MOW recipients feel less isolated than before meal deliveries began.

● GRACE PLACE

We provided 22,776 days of care for 268 Alzheimer's patients.

96% of Caregivers reported they were able to get needed rest, continue or return to work, and/or found useful resources and information about Alzheimer's.

● COMPANIONSHIP SERVICES

117 Companions provided 76,881 hours of companionship and minor personal assistance to 200 homebound and isolated adults.

97% of Seniors no longer active in the workplace found value in helping others.



● FINANCIAL STATEMENTS

DURING 12 MONTHS ENDING JUNE 30, 2014

Assets

Cash	4,528,978
Other current assets	1,123,306
Other non-current assets	3,375,449
Total current assets	9,027,733

Liabilities & Net Assets

Current liabilities	371,243
Net assets	8,656,490
Total liabilities & net assets	9,027,733

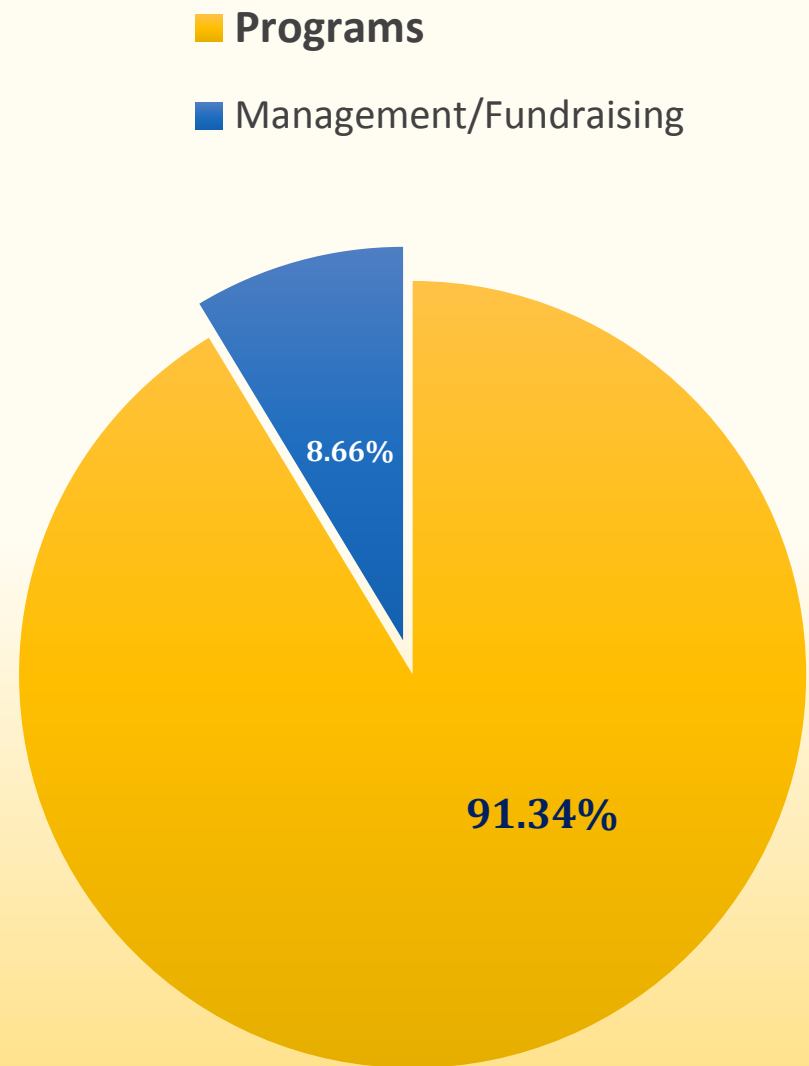
Revenue

Public support	4,316,695
Fees from government agencies	2,257,739
Program revenue	929,770
Investment income	19,588
Misc.	48,562
Total revenue	7,572,354

Expenses

Meals on Wheels	4,483,476
Grace Place	967,094
Companionship programs	511,933
Management, general, fundraising	565,328
Total Expenses	6,527,831

Change in net assets	1,044,523
Net assets beginning of year	7,611,967
Net assets end of year	8,656,490



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Grants & Gifts \$1000 and above cont'd.

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WHATABURGER RESTAURANTS, LLC



*Christian
Senior
Services*

4306 NW Loop 410

San Antonio, TX 78229

210-735-5115

christianseniorservices.org

“For years while I was in need of a hot meal, your program took care of me. God bless you all!”

“You and the volunteers don’t exactly know how much you affect people’s lives for the better. Thank you for all that you do.”

“I would not be recovering so well if it were not for all of you wonderful volunteers. You are all so much appreciated.”