



solutions for seniors and their caregivers

2013 Annual Report

Our Mission

To promote the dignity and independence of seniors who are in need of nutritious meals, companionship, and Alzheimer's care.

Our Services



Prepares and delivers over 3,700 meals each weekday to homebound seniors living in Bexar County. Our meals are often the only source of nutrients received by our clients. In addition, the meal deliveries provide personal contact, help combat loneliness, and provide opportunities to intervene in life threatening situations.

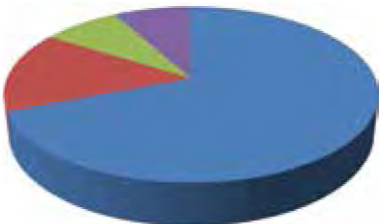


San Antonio's only non-profit adult activity center exclusively for seniors suffering from Alzheimer's, our program offers caregivers a secure and nurturing environment where clients engage in a wide-range of activities that focus on their abilities and help foster self-confidence and personal interaction.



Designed to provide companionship services and respite to family caregivers, this program helps promote the dignity and independence to seniors who are homebound. By offering peer-to-peer visits and friendship, seniors in the community are able to give back through this volunteer opportunity. Those over the age of 21 can also be matched with an elder in need.

Functional Expenses



- **Meals on Wheels (69 %)**
- **Grace Place (15 %)**
- **Companionship Services (8 %)**
- **Mgmt, Geneneral and Fundraising (8 %)**

Our Volunteer Partners

MEALS ON WHEELS



Action Star Insurance
Alamo Heights Presbyterian Church
Alamo Heights Rotary Club
Alamo Heights United Methodist Church
AT&T
Becton Dickinson
Blessed Sacrament Catholic Church
Boys & Girls Clubs
Christ Lutheran Church
Colonial Hills United Methodist Church
Cornerstone Church
Covenant Presbyterian Church
Cox & Smith
East St. Paul United Methodist Church
Edgewood Lions Club
First Baptist Church in Helotes
Fort Sam Houston
Frost Bank
Frost Bank Processing Center
Frost Bank Technology Center
Galilee Missionary Baptist Church
Grace First Baptist Church
GRASP
Haven For Hope
H-E-B
Highland Terrace United Methodist Church
Holt Cat
Holy Spirit Catholic Church
Holy Trinity Catholic Church
Holy Trinity Presbyterian Church
Hope Lutheran Church
HVHC, Inc.
King of Kings Lutheran Church
Kirby Senior Center
La Trinidad United Methodist Church
MacArthur Park Lutheran Church
Macedonia Missionary Baptist Church
Maranatha Bible Church
Martin Marietta Aggregates
MidCrown Pavilion Apts
Northwest Vista College
Nustar Energy, LLC
Oak Hills Church

Our Lady of the Lake University
Oxford United Methodist Church
Palo Alto College
Pape-Dawson Engineers
Reconciliation Episcopal Church
Resurrection Episcopal Church
River of Life Christian Church
Shepherd of the Hills Lutheran Church
Southwest Research Institute
St. Andrews United Methodist Church
St. Brigid's Catholic Church
St. David's Episcopal Church
St. Dominic's Catholic Church
St. Gregory the Great Catholic Church
St. John Neumann Catholic Church
St. Luke Catholic Church
St. Margaret Marys Catholic Church
St. Mark the Evangelist Catholic Church
St. Mary's University
St. Thomas More Catholic Church
St. Mary Magdalene Catholic Church
SWBC Insurance
Temple Beth-el
Tesoro Corporation
The Boeing Company
Toyota Motor Manufacturing Texas, Inc.
Trinity Baptist Church
Trinity Lutheran Church
Trinity Methodist Church
Universal City United Methodist Church
University United Methodist Church
Valero Energy Corporation
Vantage Bank Texas
Village Parkway Baptist Church
Wayside Chapel
Wedgwood Apts
Well-Med
Wells Fargo
West Campus Baptist Church
Whataburger Corporate Offices
YWCA
Zachry Holdings Inc.
Zion Lutheran Church

Donors (over \$500) JULY 1, 2012 - JUNE 30, 2013

Funding Partners

Bexar Area Agency on Aging
Bexar County General Fund
City of San Antonio
Corporation for National and
Community Service
Texas Department of Aging and
Disability Services
Texas Department of Agriculture
United Way of San Antonio and
Bexar County

Foundations, Corporations, and Churches

Airport Courier LLC
Alamo Heights Presbyterian Church
Alfred S. Gage Foundation
Amcon Controls, Inc.
AT&T United Way - Employee Giving
Campaign
AutoWorks
Bank of America Matching Gifts
Bank of America- United Way Campaign
Berry Construction Co.
Blue Planet Machinery LLC
Briones Consulting & Engineering, Ltd.
Broadway Bank
Brown & Ortiz
C.H. Guenther & Son, Inc.
Caring Senior Services
Carl C. Anderson & Marie Jo Anderson
Charitable Foundation
Catapult Systems
Catto & Catto LLP
Central Park Lions Club Foundation
Christ Lutheran Church of Alamo Heights
Church of The Resurrection
Citigroup Business Services
Concepts Unlimited LLC
Dixie Starnes Wenger Foundation
Duffin Engine Service, Inc.
Educational Testing Service
Escondido Resources II, LLC
Experian Healthcare
FED Investments, LLC
Fidelity Charitable Gift Fund
First Baptist Church of Helotes
First Unitarian Universalist Church
Frost Bank
Franklin Park Sonterra Chapel
Genevieve and Ward Orsinger Foundation
Grace Lutheran Church
Greehey Family Foundation
Great Central Mortgage
Acceptance Co, Ltd.
Hartford Field Charitable Giving Program
HCA-Caring for the Community
HealthTexas Management Co.
H-E-B
Holy Trinity Presbyterian Church
Ichthus Foundation
Idaho Potato Commission
Insurica
Intellica Corporation
Intercontinental Wealth
Advisors/Charlie and Holly Lutz
Jean and Kenneth Ladensohn Trust Fund
Jefferson Bank
JF&A, LLC
Joan and Herb Kelleher
Charitable Foundation
John Herman Hasenbeck Charitable Trust

Judy and Palmer Moe Charitable Fund
Kimley-Horn and Associates, Inc.
Kronkosky Charitable Foundation
Las Palapas Enterprises
M2 Technology, Inc.
Maranatha International Ministries
Mays Family Foundation
McCombs Foundation
Microshare
Northern Hills United Methodist Church
NuStar Foundation
Pape-Dawson Engineers
Peace Lutheran Church
Peripheral Vascular Associates
Phyllis L. Schoener Foundation
Poznecki-Camarillo, Inc.
QVC, Inc.
Randolph Brooks Federal Credit Union
Reata Real Estate Services
Rehler Vaughn & Koone, Inc.
San Antonio Area Foundation
San Antonio Junior Forum
San Antonio Manufacturers Association
San Antonio Orthopaedic Group, LLP
Senior Citizens of Bexar County
Share The Light Ministries Inc.
Silver Eagle Distributors
St. John's Lutheran Church
St. Luke's Lutheran Health Ministries
St. Mary's University
Structural Engineering Associates, Inc
SWBC Insurance Services
T&D Moravits & Company
Terry and Regina Armstrong
Family Charitable Foundation
Tesoro Corporation
The Boeing Company
The Kinsman Fund
The Monterey
Texas CWS/CROP Hunger Walk
Tolleson Private Wealth Management, LP
Toyota Motor Manufacturing, Texas, Inc.
Travelers Community Connections
Truist
Tsakopoulos, Brown, Schott & Anchors, PC
United Way of Central &
Northeastern Connecticut
USAA-Community Affairs D-3-E
UT Health Science Center
Valero Energy Foundation
WellMed Medical Management, Inc.
Wells Fargo Bank
Wells Fargo Community
Support Campaign
Weston Centre
Whataburger Restaurants LLC
Yantis Company
Y-O Management LLC
Zachry Foundation
Zachry Holdings, Inc.
Zion Lutheran Church

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 Mrs. Janet Zinsmeyer
 Mr. and Mrs. Leonard P. Zych

What We Do

DURING THE 12 MONTHS ENDING JUNE 30, 2013

955,373 meals were provided to 5,520 seniors in Bexar County, an increase of 6% from the previous year.

97% of MOW recipients reported feeling less isolated than before.

"I am very grateful for all the food delivery to me. And especially for the persons that delivers the food. What they go through is hard, rain or shine. We can depend on them. I thank all you that put their part fixing the meals and packing. Thank you so much."

--client--

86% of MOW recipients believe their health is better since being on the program.

"The driver is like a ray of sunshine to my dog Molly and me! She is probably the only visitor we will see that day."

--client--

"Very grateful for the services and the hands that prepare it."

--client--

We provided 22,118 days of care for 238 individuals afflicted with Alzheimer's, and provided respite for 235 caregivers.

90% of Grace Place participants have been able to stabilize their daily routine through engaging activities that also help them sleep at night.

"Grace's Place is a light of hope in a situation often filled with sadness and despair. It is freedom and peace of mind. It is a refuge of sanity in an otherwise insane world. It is a place with caring, loving staff that allow me to leave my husband without guilt, knowing that he is safe and we'll cared for."

--Deep, caregiver--

As a result of Grace Place's assistance, 88% of caregivers reported that they were able to get needed rest, return to work, and receive helpful resources and information about Alzheimer's.

"Grace Place is like an oasis for us. We know my mother is safe and we can rest"

--Jim, caregiver--

"Grace Place gives my family peace of mind, and our mom loves the activities"

--caregiver--

123 Senior Companions provided 78,661 hours of companionship and minor personal assistance to 200 homebound and isolated older adults.

As a result of the program, 80% of older adults serving as companion volunteers reported that they experienced improved mental outlook, greater financial security, and increased activity levels.

"[Our Companion] has improved both my mom's AND my quality of life. You couldn't ask for a better person."

--caregiver--

95% of clients in the program reported an improved mental outlook, improved eating and sleeping habits, and help with activities of daily living.

"[My Companion]... gives me something to look forward to."

--client--

"I would be lost without our Senior Companion."

--client--

It's important to help others. You may not make a big difference, but you will make a difference.

"I have peace of mind knowing my mother is not alone."

--caregiver--

Financial Statements

YEAR ENDED JUNE 30, 2013

Assets

2013

■ Cash	3,620,379
■ Other Current Assets	863,959
■ Other Non-Current Assets	3,406,890
Total Current Assets	7,891,228



Liabilities & Net Assets

■ Current Liabilities:	279,261
■ Net Assets	7,611,967
Total Liabilities & Net Assets	7,891,228



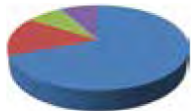
Revenue

■ Public Support	3,281,042
■ Fees from Government Agencies	2,551,374
■ Program Revenue	965,036
■ Investment Income	10,754
■ Miscellaneous	9,138
Total Revenue	6,817,344



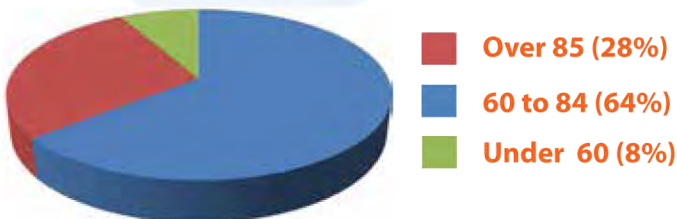
Expenses

■ Meals on Wheels	4,430,459
■ Grace Place	944,900
■ Companionship Services	500,838
■ Mgmt, General and Fundraising	537,147
Total Expenses	6,413,344



Change in Net Assets	404,000
Net Assets at Beginning of Year	7,207,967
Net Assets at End of Year	7,611,967

Percentage of Clients by Age





4306 NW Loop 410
San Antonio, TX 78229

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Chief Operating Officer

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