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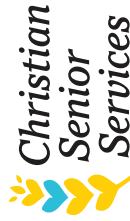
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Chief Financial Officer

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San Antonio, TX 78229

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Solutions for Seniors and Their Caregivers



Annual Report FY 2011

4306 NW Loop 410
San Antonio, TX 78229
(210) 735-5115
www.christianseniorservices.org

Our Mission

To promote the dignity and independence of seniors who are in need of nutritious meals, companionship, and Alzheimer's care.

Our Services



Meals on Wheels

Prepares and delivers over 3,500 meals each weekday to homebound seniors living in Bexar County. Our meals are often the only source of nutrients received by our clients. In addition, the meal deliveries provide personal contact, help combat loneliness, and provide opportunities to intervene in life threatening situations.

Grace Place



Serves as San Antonio's only licensed adult activity center exclusively for seniors suffering from Alzheimer's. Our program offers caregivers a secure and nurturing environment where clients engage in a wide-range of activities that focus on their abilities and help foster self-confidence and personal interaction.

Senior Companion Program



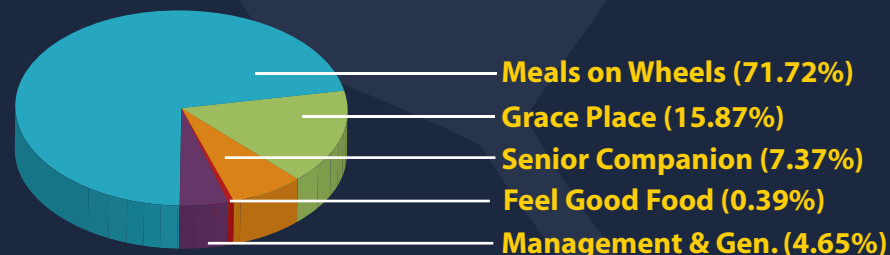
Provides a peer-to-peer program where caring senior volunteers befriend homebound seniors in their community. The program is designed to foster independence among seniors by engaging them in community service, providing them companionship opportunities, and offer respite to family caregivers.

Statement of Activities

YEAR ENDED JUNE 30, 2011
(with Comparative Totals for Year Ended June 30, 2010)

Public support and revenue:	2011	2010
Public support:		
Net special events support	481,426	414,568
United Way	327,294	337,984
Texas Department of Agriculture	1,015,435	1,058,214
Contributions and grants	1,138,589	961,117
Donated assets & facilities	20,400	33,685
Total public support	<u>2,983,144</u>	<u>2,805,568</u>
Revenue:		
Fee from government agencies	2,585,357	2,620,446
Program revenue	969,275	909,058
investment income	14,430	11,002
Miscellaneous	5,031	3,003
Total revenue	<u>3,574,093</u>	<u>3,543,509</u>
Total Public support & revenue	<u>6,557,237</u>	<u>6,349,077</u>
Expenses:		
Program services:		
Meals on Wheels	4,189,685	3,871,994
Grace Place	927,193	857,316
Senior Companion Program	430,199	419,273
Feel Good Food	22,704	34,982
Total Program Services	<u>5,569,781</u>	<u>5,183,565</u>
Supporting services:		
Management, general and fundraising	271,799	300,231
Total expenses	<u>5,841,580</u>	<u>5,483,796</u>
Change in net assets	715,657	865,281
Net assets at beginning of year	5,894,610	5,029,329
Net assets at end of year	<u>6,610,267</u>	<u>5,894,610</u>

Functional Expenses:

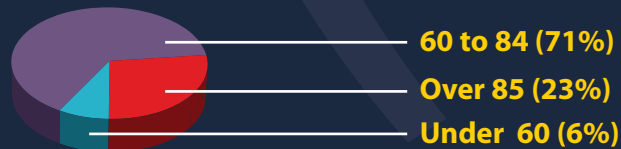


Statement of Financial Position

YEAR ENDED JUNE 30, 2011
(with Comparative Totals for Year Ended June 30, 2010)

Assets	2011	2010
Current assets:		
Cash	2,840,218	2,519,932
Accounts receivable	424,740	538,017
Prepaid expenses	58,971	63,395
Total current assets	<u>3,323,929</u>	<u>3,121,344</u>
Property and equipment:		
Furniture and equipment	404,834	550,644
Land, building, and improvements	3,750,648	3,758,250
Vehicles	1,112,771	981,344
	<u>5,268,253</u>	<u>5,290,238</u>
Less accumulated depreciation	(1,757,469)	(1,718,620)
	<u>3,510,784</u>	<u>3,571,618</u>
Other assets:	26,225	37,925
Total assets	<u>6,860,938</u>	<u>6,730,887</u>
Liabilities & Net Assets		
Current liabilities:		
Accounts payable - trade	92,731	52,042
Accrued liabilities	157,940	148,343
Long-term debt due within one year	0	64,044
Total current liabilities	<u>250,671</u>	<u>264,429</u>
Long-Term debt:		
Note payable	0	635,892
Less amount due within one year	0	(64,044)
	<u>0</u>	<u>571,848</u>
Total Liabilities	<u>250,671</u>	<u>836,277</u>
Net assets:		
Unrestricted - operations	2,523,385	2,319,465
Unrestricted - fixed assets	3,510,784	2,935,726
	<u>6,034,169</u>	<u>5,255,191</u>
Temporarily restricted	576,098	639,419
	<u>6,610,267</u>	<u>5,894,610</u>
	<u>6,860,938</u>	<u>6,730,887</u>

Percentage of Clients by Age



Caring, Compassion, Commitment

During the 12 months ending June 30, 2011, 945,975 meals were provided to seniors in Bexar County. Of those, 889,487 meals were delivered directly to the homes of frail and disabled older adults.

99.8% of MOW recipients reported being satisfied with the program

“You can tell that [people at Meals on Wheels] work hard and are conscientious about the nourishing meals they serve.”

--Leonard, ex-volunteer & client--

“[The meals] really saved my life, because I did not need to make the drastic changes to move into assisted living and be unable to live in my own home.”

--Lolita, client--

67% of MOW recipients believe their health is better since being on the program

“I have every reason to believe that [the meals] provided me with good health, because every time I went to the doctor, I came out with good results.”

--Maria, client--

“Now I can see it’s very helpful because I am a diabetic and need special care.”

--Lupe, client--

We provided 1,925 days of care for 186 individuals afflicted with Alzheimer’s, a 43% increase over the prior year.

93% of Grace Place participants have been able to stabilize their daily routine through engaging activities that also help them sleep at night.

“My mother loves going to school each day—I work full-time, but my mind is at ease knowing she is having a good day there and is in good hands. Grace Place has been a dream—this is a big reason why I can still have my mom live with me. I believe it has really helped her mind and quality of life. Thank you for being there!”

--Louise, caregiver--

As a result of Grace Place’s assistance, 90% of caregivers reported that they were able to get needed rest, return to work, and receive helpful resources and information about Alzheimer’s.

“It provides such a welcome relief for family caregivers and allows Alzheimer sufferers some independence and dignity while enjoying activities and companionship.”

--Jim, corporate employee--

During the 12 months ending June 30, 2011, 118 Senior Companions provided 72,129 hours of companionship and minor personal assistance to 227 homebound and isolated older adults.

As a result of the program, 98% of older adults serving as companion volunteers reported that they experienced improved mental outlook, greater financial security, and increased activity levels.

“When I joined this program, it changed me—it changed me alot. I had fun, I laughed like I never used to. I don’t feel old when I am with her [my companion].”

--Janie, senior companion--

97% of clients in the program reported an improved mental outlook, improved eating and sleeping habits, and help with activities of daily living.

“It goes both ways. Every time I come out here, we get together, we talk, we go outside. It’s something special when you do that, and [the companionship] is a very satisfying experience.”

--Manuel, senior companion--

“Most of the time, I’m home alone, [...] but when I see [my companion], she comes out with me to water my plants...it’s very important because I learn to do things and it’s like an exercise.”

--Marcela, client--

Our Volunteer Partners

Meals on Wheels



Action Star insurance
 Alamo Heights Presbyterian Church
 Alamo Heights Rotary Club
 Alamo Heights United Methodist Church
 AT&T
 Blessed Sacrament Catholic Church
 Boeing Company
 Boys & Girls Clubs
 Christ Lutheran Church
 Colonial Hills United Methodist Church
 Cornerstone Church
 Covenant Presbyterian Church
 Cox & Smith
 East St. Paul United Methodist Church
 Edgewood Lions Club
 First Baptist Church in Helotes
 Fort Sam Houston
 Frost Bank
 Frost Bank Processing Center
 Frost Bank Technology Center
 Galililee Missionary Baptist Church
 Grace First Baptist Church
 GRASP
 Haven For Hope
 H-E-B
 Highland Terrace United Methodist Church
 Holy Spirit Catholic Church
 Holy Trinity Catholic Church
 Holy Trinity Presbyterian Church
 Hope Lutheran Church
 King of Kings Lutheran Church
 Kirby Senior Center
 MacArthur Park Lutheran Church
 Macedonia Missionary Baptist Church
 Maranatha Bible Church
 Martin Marietta Aggregates
 Midtown Pavilion Apts
 Northwest Vista College
 Nustar Energy, LLC
 Oak Hills Church

Our Lady of the Lake University
 Oxford United Methodist Church
 Palo Alto College
 Pape-Dawson Engineers
 Reconciliation Episcopal Church
 Resurrection Episcopal Church
 River of Life Christian Church
 San Antonio National Bank
 Shepherd of the Hills Lutheran Church
 Southwest Research Institute
 St. Andrews United Methodist Church
 St. Brigid's Catholic Church
 St. David's Episcopal Church
 St. Dominic's Catholic Church
 St. Gregory the Great Catholic Church
 St. John Neumann Catholic Church
 St. Luke Catholic Church
 St. Margaret Mary's Catholic Church
 St. Mark the Evangelist Catholic Church
 St. Mary's University
 St. Thomas More Catholic Church
 St. Mary Magdalene Catholic Church
 Temple Beth-el
 Tesoro Corporation
 Toyota
 Trinity Baptist Church
 Trinity Lutheran Church
 Trinity Methodist Church
 Universal City United Methodist Church
 University United Methodist Church
 Valero Energy Corporations
 Village Parkway Baptist Church
 Wayside Chapel
 Wedgwood Apts
 Maranatha Bible Church
 Well-Med
 Wells Fargo
 West Campus Baptist Church
 Whataburger Corporate Offices
 YWCA
 Zion Lutheran Church

Donors (over \$500)

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Bexar Area Agency on Aging
 Bexar County General Fund
 and CDBG
 City of San Antonio
 Corporation for National
 and Community Service
 Kronkosky Charitable Foundation
 Texas Department of Aging
 and Disability Services
 Texas Department of Agriculture
 United Way of San Antonio
 and Bexar County

Foundations, Corporations, and Churches

Alamo Heights Presbyterian Church
 Allegra Print and Imaging
 Alpha Building Corporation
 Anderson Charitable Foundation
 Austin Highway Water Supply
 Corporation
 Auto Works
 Bexar County Handicapped Assoc.
 Blake, Myrberly and George Rapier
 Charitable Trust
 Brooks Community Church
 Brown & Ross, P.C.
 Capital Group Companies
 Charitable Foundation
 Carmax Foundation
 Central Park Lions Club
 Chaplain Corps
 Christ Lutheran Church
 of Alamo Heights
 Church of Reconciliation
 Citigroup
 Dixie Staines Wenger Foundation
 DRC Charitable Foundation
 ExxonMobil Foundation
 First Baptist Church of Helotes
 Fraternal Order of the Eagles
 Fred Roy Charitable Trust of
 the San Antonio Area Foundation
 Frost National Bank
 GAC Halff Foundation
 Genevieve and Ward Orsinger
 Foundation
 Grace Lutheran Church
 Greehey Family Foundation
 Guaranty Insurance
 Hartford Field Charitable
 Giving Program
 HealthTexas Management Co.
 HEB
 Holy Spirit Catholic Church
 Holy Trinity Presbyterian Church
 Humana Market Point
 Isla Carroll Turner Friendship Trust
 Jean and Kenneth Ladensohn Trust
 Jefferson Bank
 Jireh Foundation, Inc.
 John Herman Hasenbeck
 Charitable Trust
 JPMorgan Chase Foundation
 Junior League of San Antonio, Inc.
 KCI
 Lautman, Maska, Neill & Company
 Leo Daniel Foundation
 Lita G. and Vessey F. Taylor Fund of
 the San Antonio Area Foundation
 Lozano Trucking Company, Inc.
 M2 Technology, Inc.
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 Mays Family Foundation
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 Microshare
 Myra Stafford Pryor Charitable Trust
 Northern Hills United
 Methodist Church
 NuStar
 PG&E Corporation
 R-J Turner Properties
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 The Kinsman Fund
 The Reliable Life Insurance Company
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 Valero Vanguards
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